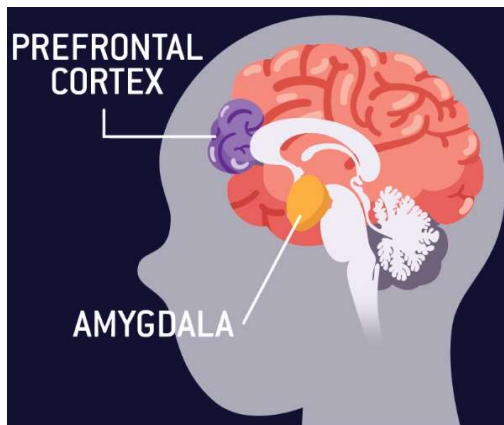




What part of the brain...:

Controls your executive function?

Is the center of emotional decision making?

Is still developing throughout the teenage years?

Match the Trap: Draw a line from the trap name to its correct description

COMFORT ZONE TRAP

Doing what others do

BANDWAGON EFFECT

Simplifying the decision to doing something or not doing it

OVERCONFIDENCE & WISHFUL THINKING

Doing what you always do

HABITUAL FRAM

Going through on a decision because of the effort you put in

EITHER/ OR

Going with the flow and not seeing the decision

PROCRASTINATION

Putting the decision off

SUNK COST

Doing what feels easy

LIVING ON AUTOPILOT

Focusing on what you want to happen



**HUNGRY
ANGRY
LONELY
TIRED**

