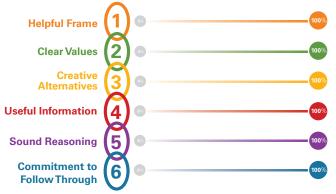
# Am I ready to commit?

Your decision is only as strong as the weakest link.

Test the strength of your decision

### **Rate the Chain:**

100% is the point at which additional effort is not worth it.



Focus on improving the weak links.

Yes No

No Am I fit to decide?

Yes

Am I ready to decide?

# **Commitments:**

I am going to:

Specific Next Steps:	Date:





**Frame:** The decision situation you are working through.



**Values:** What you want or don't want in the outcome.



**Alternatives:** Different ways you can address the situation.



**Information:** What you need to know and what is uncertain.



**Reasoning:** Identifying the alternative that best fits your values.



**Commitment:** Following through on your decision.

### A good decision makes sense and feels right

For more information go to: www.decisioneducation.org

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# Conversations CLARITY

### What do I want to achieve:

- 1. Graduate from high school / Get my G.E.D. later on
- 2. Pass Geometry
- 3. Attend all of the remaining sessions of Geometry class

# Why is that challenging?

I don't enjoy the topic, I struggle in all Math

I have trouble getting to 1st period on time

I'm burnt out of all the 'school drama' and can't find motivation



# **Alternatives**



### What options do I see?

- Drop out of high school/get my GED later on
- Keep missing class, get kicked out of school
- Wait until next year & enroll at a different school
- Change to a different teacher



Use an online class, do the lessons at home

### How could I approach this creatively?

- Pursue extra credit, take missed quizzes for partial credit
- See if credit from an online course could
- work as substitute credit
- Go to sleep earlier, wake up 1 hour before
- Get a ride into school early with my dad as he goes to work

# **Information**



### What do I need to know?

- What is the minimum score on remaning quizzes,
- and exams that I need to pass?

  How much does attendance count toward the
- final grade?
- Is it still possible to switch into a class with a different teacher?
- Are there other teachers for this subject?

### Who should I talk to?

- My teacher
- · Registrar's Office, Tutoring Center
- My parents

### What am I unsure about?

- Is there still a possibility of passing this course?
- Does my dad have time to drop me off in the morning?

### How trustworthy are my sources?

- Teacher, counselor & registrar very trustworthy
- · My friends might be misinformed

# Frame the Situation (

### What decisions do I face?

- Should I just drop the class?
- Should I complete all the missing homework?
- How can I make sure I get there on time?

### Who else is involved?

- Teacher
- · Parents, girlfriend, friends & the manager at my job

### Is there a deadline?

· Every morning at 8:35 am, other class deadlines

## Values:



### What is at stake?

- A diploma, a chance to graduate with all my friends in June
- Future career options

### What do I want?

- Just to be done at high school, to graduate and start my own life
- To work on things I love and care about

### What do I want to avoid?

- . To be stuck in high school an extra year
- To have my teacher & parents mad at me



Identify and label any trade-offs between these values.